

Group disability insurance is usually tied to employment. An employer may offer group disability insurance to cover an employee in the event of injury that renders them unable to work. Often, employers offer full-time employees group short-term and long-term disability coverage. If not offered as a group plan, employees may also add individual disability insurance as a supplement to an existing plan or as a stand-alone plan.

Like other group plans, group disability allows an employer to offer coverage to eligible employees at a lower cost than employees could receive as individuals.

Disability policies vary in cost and coverage and may even vary in their definition of “disability.” Some policies define disability as being unable to perform the duties of “your own occupation,” while others define it as the inability to perform “any occupation.”